



# Volunteer Interest Form

Fax the completed form to: 310.400.3138

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Email \_\_\_\_\_  
 Home Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_ Cell Phone ( ) \_\_\_\_\_

**PLEASE INDICATE YOUR VOLUNTEER INTERESTS BELOW**

**VOLUNTEER OPPORTUNITIES**

CATEGORY	DESCRIPTION	COMMITMENT
<input type="checkbox"/> <b>Coach: Head Coach</b>	<ul style="list-style-type: none"> <li>o Undergoes classroom and hands on training and certification designed specifically for the needs of an intellectually disabled athlete.</li> <li>o Primary contact person for the sport.</li> <li>o Works with staff to select training site and time. Organizes practices.</li> <li>o Attends competitions with athletes.</li> </ul>	Participation is seasonal for each sport. The minimum commitment is 2 hours per week for 8 weeks.
<input type="checkbox"/> <b>Coach: Assistant Coach</b>	<ul style="list-style-type: none"> <li>o Undergoes one-day certification within his/her sport.</li> <li>o Assesses each athlete to determine skill level for competition and training.</li> <li>o Develops 8-week training program for each athlete.</li> <li>o Has complete knowledge and abides by Sports Rules for Special Olympics.</li> </ul>	Participation is seasonal for each sport. The minimum commitment is 2 hours per week for 8 weeks.
<input type="checkbox"/> <b>Sport Volunteer (&gt;18y/o)</b> <input type="checkbox"/> <b>Team/Sport Escort (14-17 y/o)</b>	<ul style="list-style-type: none"> <li>o Is not required to become certified, helps out with practices; assists coach with assessing athlete skills.</li> <li>o Not necessarily expert in sport but comes to practice 75% of the time.</li> </ul>	Participation is seasonal for each sport. The minimum commitment is 2 hours per week for 8 weeks.

**Day-of -Volunteers**

<input type="checkbox"/> <b>Health Services: Healthy Athletes Program</b>	Volunteers are needed to conduct free health screenings at events. Podiatrists, Physical Therapists, Nutritionist, Dieticians, RN, MD, Audiologists, Optometrists, Dentists.	2 to 8 hour shifts a year.
<input type="checkbox"/> <b>Health Services: Medical Team</b>	Volunteers with medical background (MD, RN, LVN, EMT, AFA) are needed to assist with medical support of the athletes and volunteers.	4-8 hour shifts one or more days a year.
<input type="checkbox"/> <b>Volunteer Management</b>	Act as a Corporate, University, or Civic Group Liaison by organizing your respective groups to volunteer at functions.	Commitment ranges from a few hours for one specific event to 3-4 months as a committee member.
<input type="checkbox"/> <b>Individual Volunteer</b>	Work in one of the sport venues: (athlete escort, award presenter, scorekeeper, timer, etc.). Pitch in when help is needed or asked. Will receive job specific training the day of event.	Commitment ranges from 4-8 hours for one specific event on a weekend.
<input type="checkbox"/> <b>Official</b>	Certified to officiate during games and competitions.	4-8 hour shifts one or more days a year.

**Support Volunteers**

<input type="checkbox"/> <b>Office Support</b>	Assist the office with general administrative work (photocopying, answering phones, filing, etc).	Commitment varies. Hours generally scheduled on wk days.
<input type="checkbox"/> <b>Fundraising</b>	Plan and/or implement activities to raise financial and in-kind support. Make donation of goods, services, or vital office supplies to Special Olympics Program.	Ranges from 3-4 hours for a single event to one year as a committee member.
<input type="checkbox"/> <b>Games Management</b>	Plan and implement sports programs and activities. Minimum commitment is 2 to 3 months for specific sports; 6 months to 1 year for overall management.	Ranges from 2-3 months for specific sports; 6 months to one year overall.
<input type="checkbox"/> <b>Global Messenger Coach</b>	Serve as an athlete's speech coach. Coaches learn how to help the athlete prepare a speech to address various types of public groups and corporate audiences on a variety of topics related to Special Olympics.	1-3 hours a month as needed.
<input type="checkbox"/> <b>Outreach</b>	Attend community fairs, outreach programs and recruit athletes, volunteers, and coaches; conduct orientations and presentations within the community.	Commitment ranges from a few hours for one specific event to 3-4 months as a committee member.
<input type="checkbox"/> <b>Professional Services</b>	Provide pro bono services (e.g., Legal, Accounting, MIS/ Technical Support, Graphic Design, Musician).	Commitment varies.
<input type="checkbox"/> <b>Special Projects</b>	Develop surveys, write articles, perform research, etc.	Commitment varies.

**If you are interested in coaching or a day-of volunteer, please indicate your sport preferences (check all that apply).**

**Summer / Spring Sports**

**Fall / Winter Sports**

- |                                     |                                     |  |                                     |
|-------------------------------------|-------------------------------------|--|-------------------------------------|
| <input type="checkbox"/> Aquatics   | <input type="checkbox"/> Bocce      | <input type="checkbox"/> Bowling           | <input type="checkbox"/> Softball   |
| <input type="checkbox"/> Athletics  | <input type="checkbox"/> Golf       | <input type="checkbox"/> Floor Hockey      | <input type="checkbox"/> Tennis     |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Gymnastics | <input type="checkbox"/> Soccer (Football) | <input type="checkbox"/> Volleyball |

**ORIENTATIONS will be available on an as needed basis.**